



## Certificate of Analysis & Product Manual

Triple Repeat Disorders Genotyping  
Fragile X, Myotonic Dystrophy, Friedreich's Ataxia, Huntington's disease  
Fluorescent Probes, siRNA, Hybridization and Detection Reagents

### Myotonic Dystrophy Genemer™ Kit

Myotonic Dystrophy CTG triple repeat amplification kit for gel detection

Catalog No. 40-2026-11

Size: 100 X 20 µL Reactions

For Research Use Only. Not for use in diagnostic procedures for clinical purposes

#### Important Information

All Gene Link products are for research use only.  
Not for use in diagnostic procedures for clinical purposes.  
Product to be used by experienced researchers appropriately trained in performing molecular biology techniques following established safety procedures. Additional qualification and certification is required for interpretation of results.



## Material Supplied

### Myotonic Dystrophy Genemer™ Kit

Catalog No.: 40-2026-11

100 X 20 µL Reactions

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Myotonic Dystrophy CTG triple repeat spanning region amplification kit for agarose gel detection

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| Myotonic Dystrophy Genemer Kit Components 100 X 25 µL Reactions |  |        |
|---|--|--------|
| Catalog No.   | Description  | Size   |
| 40-2026-11A   | DM Genemer™ Component A DM-F1/R1                   | 1.5 mL |
| 40-3053-60  | PCR Component M                                    | 600 µL |
| 40-3021-30  | PCR Component N                                    | 300 µL |
| 40-2026-03S   | GLDM Genemer™ ~93 CTG Repeats Control DNA. ~2ng/µL | 100 µL |

Storage Condition: -20°C

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## Certificate of Analysis & Product Specifications

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The Myotonic Dystrophy Genemer™ kit contains components and Genemer™ DM-F1/R1 primer pair that has been validated to amplify the CTG triple repeat spanning region in the *DMPK* gene of human genomic DNA.

Appropriate nuclease free handling, dispensing and storage conditions required.

### Lot Number:

Manufacturing lot number is stated on the label of product and accompanying packing slip.

## GeneProber™ Related Product Ordering Information

The GeneProber™ product line is based on the chemiluminescent Southern blot detection method. Gene Link's non-radioactive detection systems for genotyping of triple repeat disorders are rapid, reliable and as sensitive as the <sup>32</sup>P labeled southern blots. No more decayed probes and radioactive exposure. Kits are available for reliable genotyping of the Fragile X, Huntington's Disease, Myotonic dystrophy and other triple repeat mutation group disorders.

**Unlabeled GeneProber™ probes are also available for radio labeling and radioactive based detection.** Gene Link strongly recommends the use of non-radioactive gene detection systems. Consider switching to Gene Link's product line of non-radioactive detection systems.

| Product   | Unit Size | Catalog No. |
|---|-----------|-------------|
| Fragile X GeneProber™ GLFX1 Probe unlabeled                           | 500 ng    | 40-2004-40  |
| Fragile X GeneProber™ GLFXDig1 Probe Digoxigenin labeled              | 110 µL    | 40-2004-41  |
| FRAXE/FMR2/AFF2 GeneProber™ AFF2-AJ31Dig1                             | 110 µL    | 40-2054-41  |
| Huntington's Disease GeneProber™ GLHD14 Probe unlabeled               | 500 ng    | 40-2025-40  |
| Huntington's Disease GeneProber™ GLHDDig2X Probe Digoxigenin labeled  | 110 µL    | 40-2025-41  |
| Myotonic Dystrophy GeneProber™ GLDM1 Probe unlabeled                  | 500 ng    | 40-2026-40  |
| Myotonic Dystrophy GeneProber™ GLDMDig2 Probe Digoxigenin labeled     | 110 µL    | 40-2026-41  |
| Friedreich's Ataxia GeneProber™ GLFRDA21 Probe unlabeled              | 500 ng    | 40-2027-40  |
| Friedreich's Ataxia GeneProber™ GLFRDADig21 Probe Digoxigenin labeled | 110 µL    | 40-2027-41  |

## GScan™ Related Product Ordering Information

Gene Link's GScan™ gene detection products are safe, convenient and sensitive, and afford automated compilation of data. Kits are available for reliable genotyping of the Fragile X, Huntington's Disease, Myotonic dystrophy and other triple repeat mutation group disorders. The kits contain optimized PCR amplification reagents and a wide array of fluorescent-labeled primers for genotyping after PCR using fluorescent genetic analyzer instrument. Included in these kits are ready-to-run control samples of various repeats of the triple repeat disorder kit. These control samples are for calibration with the molecular weight markers for accurate size determination of the amplified fragments.

The GScan™ kits are simple and robust for routine triple-repeat detection of greater than 100 repeats of all triple repeat disorders listed.

| Product   | Unit Size | Catalog No.   |
|---|-----------|---------------|
| Fragile X GScan™ V2 Kit for fluorescent detection; 100 reactions kit            | 1 kit     | 40-2004-15XX  |
| Fragile X GScan™ V2 Kit for fluorescent detection; 20 reactions kit             | 1 kit     | 40-2004-15FMS |
| FRAXE/FMR2/AFF2 GScan™ Kit for fluorescent detection; 100 reactions kit         | 1 kit     | 40-2054-15FM  |
| FRAXE/FMR2/AFF2 GScan™ Kit for fluorescent detection; 20 reactions kit          | 1 kit     | 40-2054-15FMS |
| Huntington's Disease GScan™ V2 Kit for fluorescent detection; 100 reactions kit | 1 kit     | 40-2025-15XX  |
| Huntington's Disease GScan™ V2 Kit for fluorescent detection; 20 reactions kit  | 1 kit     | 40-2025-15FMS |
| Myotonic Dystrophy GScan™ Kit for fluorescent detection; 100 reactions kit      | 1 kit     | 40-2026-15XX  |
| Myotonic Dystrophy GScan™ Kit for fluorescent detection; 20 reactions kit       | 1 kit     | 40-2026-15FMS |
| Friedreich's Ataxia GScan™ Kit for fluorescent detection; 100 reactions kit     | 1 kit     | 40-2027-15XX  |
| Friedreich's Ataxia GScan™ Kit for fluorescent detection; 20 reactions kit      | 1 kit     | 40-2027-15FMS |

All Gene Link products are for research use only

Current pricing are posted at <http://www.genelink.com/>

## Myotonic Dystrophy Genotyping

### Background

Myotonic dystrophy (**Dystrophia Myotonica, DM**) is the most common form of adult onset muscular dystrophy. It is an autosomal dominant disorder with a prevalence of about 1 in 8000. The incidence varies from 1 in 475 in a region of Quebec to about 1 in 25,000 in European populations and is extremely rare in African populations. Clinical expression is highly variable and is related to age of onset. Onset of this disorder commonly occurs during young adulthood. However, it can occur at any age and is extremely variable in degree of severity. Myotonic dystrophy affects skeletal muscle and smooth muscle, as well as the eye, heart, endocrine system, and central nervous system. People with the mildest form of DM often go undiagnosed and usually cataracts and minimal muscle involvement are the only visible sign of the condition. The classical form of DM usually develops in early adult life and is characterized by progressive muscle stiffness and weakness.

Congenital DM (CDM) is the most severe form of the disease and is almost always inherited from affected mothers. It presents in newborn babies who suffer from respiratory distress, hypotonia, motor and mental retardation and facial diplegia. Diagnosis can be difficult if the family history is not known because muscle wasting may not be apparent and cataracts and myotonia are absent. CDM patients who survive the neonatal period eventually learn to walk but 60-70% are mentally retarded. By the age of 10 they develop myotonia and in adulthood they develop the additional complications associated with adult onset disease.

#### Identification of the mutation in DM

The myotonic dystrophy gene locus and the underlying mutation were identified in 1992 (1-3). An expressed sequence called cDNA25 was shown to detect a two-allele *EcoRI* polymorphism (8.6kb and 9.8kb) on Southern blots of normal individuals. It also detects a larger variable fragment in DM patients, which can be up to 5kb longer than the larger, normal allele. When this fragment is transmitted from an affected parent, it often increases in size, correlating well with the severity of the disease in the affected child. The variable band can also show somatic heterogeneity in lymphocyte DNA that is seen as a diffuse smear on a Southern blot. The *EcoRI* polymorphism is due to the insertion or deletion of consecutive Alu repeats 5 kb distal to the unstable region – the 8.6kb allele contains two Alu repeats and the 9.8kb normal allele and the enlarged DM alleles are associated with five Alu repeats. The discovery of unstable DNA at the DM locus provided an explanation for the phenomenon of anticipation seen in DM. Sequence analysis of genomic clones spanning the expanded region revealed that the mutation causing the instability is a trinucleotide repeat (CTG) which is highly polymorphic in the normal population and which increases dramatically in length in DM patients.

| Number of CTG repeats | Clinical Condition | Symptoms   |
|-----------------------|--------------------|--|
| 5-27 repeats          | unaffected         |  |
| 50-100 repeats        | mild:              | cataracts, slight muscle problems later on in life                                       |
| 100-1000 repeats      | classical:         | myotonia, muscle wasting, premature balding, gonadal atrophy, cardiac conduction defects |
| 1000-4000             | congenital:        | hypotonia, mental retardation, facial diplegia   |

There are no definite repeat size boundaries for the three clinical groups and there are overlaps between the groups. A trimodal distribution is observed in European populations, with (CTG)<sub>5</sub> being the most frequently occurring allele, alleles of 11,12,13 and 14 make up the second mode and the final mode represents alleles of 19 and above.

### Meiotic instability

The meiotic instability of the DM mutation has been shown to be dependent on the size of the parental repeat. For (CTG)<sub>n</sub> repeats of <0.5kb a positive correlation between the size of the repeat and inter-generational enlargement was found equally in male and female meioses but with CTG sequences of more than 0.5 kb observed that intergenerational variation was greater through female meioses (4). The tendency for a repeat to undergo contraction was observed almost exclusively in male meioses. It was found that the length of the CTG repeat expansion in DM patients was greater in DNA isolated from muscle than in lymphocyte DNA (5). Rare cases have been reported where expansion of the CTG repeats is not seen in individuals where the clinical symptoms are unequivocal and this may due to a deletion or point mutation as seen in some of the other triplet repeat disorders such as fragile X syndrome.

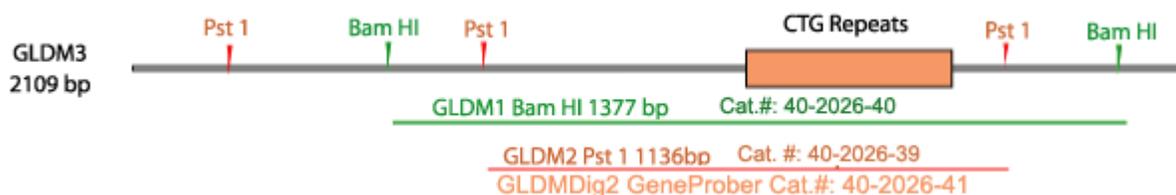
The underlying mutations of DM are expansions of the CTG repeats located in the 3' untranslated region (UTR) of the myotonic dystrophy protein kinase (*DMPK*) gene on chromosome 19q. Severity of the disease is correlated with the length of the repeat expansion. Normal individuals have from 5 to 30 repeat copies; mildly affected persons have at least 50 repeats, while more severely affected patients have expansion of the repeat-containing segment up to several kilobase pairs.

Expansion is frequently observed in parent-to-child transmission, but extreme expansions are not transmitted through the male line. This explains: 1.) the occurrence of the severe congenital form is almost exclusively in the offspring of affected women; 2.) anticipation is commonly observed in affected families, that is, the disease demonstrates earlier onset and greater severity in each successive generation. The overall risk of having a congenitally affected child for any carrier woman is about 10%. If the woman has clinical signs of the condition, the risk of congenital myotonic dystrophy in offspring is 40% and this rises to 50% in subsequent pregnancies if an affected child has previously has been born.

### Genotyping

Molecular diagnosis of myotonic dystrophy involves a combination of direct PCR analysis and Southern blotting tests to determine the CTG-repeat number within the DMPK gene. PCR can identify CTG expansions between 5-200 CTG repeats.

With larger expansions, Southern blot analysis of restriction fragments can be used for an accurate measure of the repeat size. Genomic DNA is digested with Bam HI or Pst I. The DNA blot is then hybridized with either GLDM1 or GLDM2 CTG repeat specific DNA probe.



**Table 1: Trinucleotide Repeats in Human Genetic Disease**

| Disease   | Repeat <sup>a</sup> | Normal Length <sup>b</sup> | Intermediate Length (Premutation) <sup>a,b</sup> | Full Disease Length <sup>b</sup>  |
|---|---------------------|----------------------------|--|-----------------------------------|
| Fragile XA (FRAXA)  | (CGG) <sub>n</sub>  | 6-52                       | 59-230   | 230-2,000                         |
| Fragile XE (FRAXE)  | (CCG) <sub>n</sub>  | 4-39                       | ? (31-61)  | 200-900                           |
| Fragile XF (FRAXF)  | (CGG) <sub>n</sub>  | 7-40                       | ?  | 306-1,008                         |
| FRA16A  | (CCG) <sub>n</sub>  | 16-49                      | ?  | 1,000-1,900                       |
| Jacobsen Syndrome (FRA11B)                                  | (CGC) <sub>n</sub>  | 11                         | 80   | 100-1,000                         |
| Kennedy Syndrome (SMBA)                                     | (CAG) <sub>n</sub>  | 14-32                      | ?  | 40-55                             |
| Myotonic Dystrophy (DM)                                     | (CTG) <sub>n</sub>  | 5-37                       | 50-80  | 80-1,000; congenital, 2,000-3,000 |
| Huntington disease (HD)                                     | (CAG) <sub>n</sub>  | 10-34                      | 36-39  | 40-121                            |
| Spincerebellar ataxia 1 (SCA1)                              | (CAG) <sub>n</sub>  | 6-39                       | ...  | 40-81 (Pure)                      |
| Spincerebellar ataxia 2 (SCA2)                              | (CAG) <sub>n</sub>  | 14-31                      | ...  | 34-59 (Pure)                      |
| Spincerebellar ataxia 3 (SCA3)/Machado Joseph disease (MJD) | (CAG) <sub>n</sub>  | 13-44                      | ?  | 60-84                             |
| Spincerebellar ataxia 6 (SCA6)                              | (CAG) <sub>n</sub>  | 4-18                       | ?  | 21-28                             |
| Spincerebellar ataxia 7 (SCA7)                              | (CAG) <sub>n</sub>  | 7-17                       | ?  | 38-130                            |
| Haw River syndrome (HRS; also DRPLA)                        | (CAG) <sub>n</sub>  | 7-25                       | ?  | 49-75                             |
| Friedreich ataxia (FRDA)                                    | (GAA) <sub>n</sub>  | 6-29                       | ? (>34-40)                                       | 200-900                           |

<sup>a</sup> Typically, repeats tracts contain sequence interruptions. See Pearson and Sinden (1998a) for a discussion of the sequence interruptions.

<sup>b</sup> No. of triplet repeats.

<sup>c</sup> A question mark (?) indicates potential mutagenic intermediate length, and an ellipsis (...) indicates none. Not all disease are associated with a permutation length repeats tract or permutation disease condition.-

## Molecular Analysis

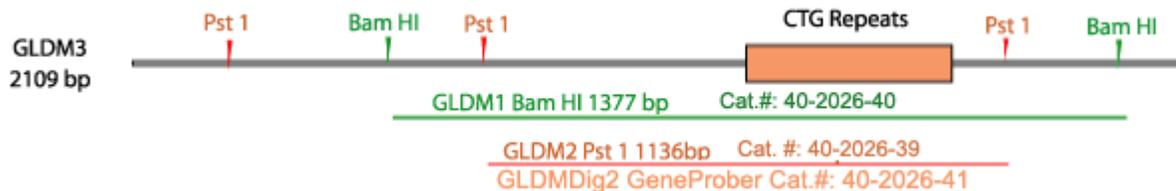
The direct analysis of CTG repeats in the *DMPK* gene (chromosomal locus 19q13) is clinically available. An increased number of CTG repeats is identified in essentially 100% of patients with DM. The number of CTG repeats ranges from 5 to 37 in normal alleles. GTG repeat lengths in the range from about 38 to 49 are considered "premutations." Persons with CTG expansions in the premutation range have not been reported as having developed symptoms, but their children are at risk of inheriting a larger repeat size. Persons with CTG repeat length greater than 50 are frequently symptomatic.

Myotonic Dystrophy genotyping can be done by direct PCR amplification of the CTG trinucleotide repeats region or by Southern analysis. In most cases both methods are used to complement the results. Congenital mutations usually cannot be identified by PCR and southern analysis is the preferred method to distinguish full mutations.

The size of the CTG repeats can be determined by PCR analysis and sizing preferably on a sequencing gel. The PCR products can be either labeled with <sup>35</sup>S or <sup>32</sup>P followed by autoradiography. Another attractive alternate is to run a cold PCR reaction followed by blotting and hybridization with an alkaline phosphatase conjugated probe for non-radioactive detection.

Southern blot analysis for Myotonic Dystrophy mutation detection involves the cleavage of DNA with either Bam HI or Pst I enzyme. This method detects the size of CTG repeats region by hybridization of probe GLDM1 or GLDM2 to DNA that has been digested with the appropriate restriction enzyme and blotted onto a membrane. The CTG repeat in the normal range yields a ~1377 bp with Bam HI and a ~1136 bp with Pst I digested DNA.

Gene Link offers safe and reliable chemiluminescent detection methods as an alternate to radioactive based detection methods. Genemer™, PCR-Prober™, GScan™ and GeneProber™ line of products replaces radioactive based methods. Gene Link's GScan and Genemer™ kits are for PCR amplification followed by agarose gel electrophoresis or fluorescent detection of the specific triple repeat fragment size and routinely detects greater than 120 CGG repeats.



### PCR Analysis

The following table lists the size of PCR fragment in basepairs (bp) that can be expected when using the CTG primer mix DMF1/R1 that has been provided in the Genemer™ PCRProber™ and GScan™ kits. The formula for determining PCR fragment size is  $113 + 3n$ , where  $n$  = the number of CTG repeats.

| Table 2. CTG Repeats and Fragment Size |                   |                    |                   |
|--|-------------------|--------------------|-------------------|
| CTG <sub>(n)</sub>                     | PCR Fragment (bp) | CTG <sub>(n)</sub> | PCR Fragment (bp) |
| 5                                      | 128               | 45                 | 248               |
| 6                                      | 131               | 50                 | 263               |
| 7                                      | 134               | 55                 | 278               |
| 8                                      | 137               | 60                 | 293               |
| 9                                      | 140               | 65                 | 308               |
| 10                                     | 143               | 70                 | 323               |
| 11                                     | 146               | 75                 | 338               |
| 12                                     | 149               | 80                 | 353               |
| 13                                     | 152               | 85                 | 368               |
| 14                                     | 155               | 90                 | 383               |
| 15                                     | 158               | 95                 | 398               |
| 16                                     | 161               | 100                | 413               |
| 17                                     | 164               | 105                | 428               |
| 18                                     | 167               | 110                | 443               |
| 19                                     | 170               | 115                | 458               |
| 20                                     | 173               | 120                | 473               |
| 21                                     | 176               | 125                | 498               |
| 22                                     | 179               | 130                | 503               |
| 23                                     | 182               | 135                | 518               |
| 24                                     | 185               | 140                | 533               |
| 25                                     | 188               | 145                | 548               |
| 26                                     | 191               | 150                | 563               |
| 27                                     | 194               | 155                | 578               |
| 28                                     | 197               | 160                | 593               |
| 29                                     | 200               | 165                | 608               |
| 30                                     | 203               | 170                | 623               |
| 31                                     | 206               | 175                | 638               |
| 32                                     | 209               | 180                | 653               |
| 33                                     | 212               | 185                | 668               |
| 34                                     | 215               | 190                | 683               |
| 35                                     | 218               | 195                | 698               |
| 40                                     | 233               | 200                | 713               |

PCR fragment in basepairs (bp) that can be expected when using the CTG primer mix DMF1/R1 that has been provided in the Genemer™ PCRProber™ and GScan™ kits. The formula for determining PCR fragment size is  $113 + 3n$ , where  $n$  = the number of CTG repeats.

### References

1. Fu YH, Pizzuti A, Fenwick RG Jr, King J, Rajnarayan S, Dunne PW, Dubel J, Nasser GA, Ashizawa T, de Jong P, et al. (1992) An unstable triplet repeat in a gene related to myotonic muscular dystrophy. *Science* 255: 1256-1258.
2. Aslanidis et al. (1992) Cloning of the essential myotonic dystrophy region and mapping of the putative defect. *Nature* 355: 548-551.
3. Brook et al. (1992) Molecular basis of myotonic dystrophy: expansion of a trinucleotide (CTG) repeat at the 3-prime end of a transcript encoding a protein kinase family member. *Cell* 68: 799-808.
4. Lavedan et al. (1993) Myotonic dystrophy: size- and sex-dependent dynamics of CTG meiotic instability, and somatic mosaicism. *Am. J. Hum. Genet.* 52: 875-883.
5. Anvret et al. ((1993) Larger expansions of the CTG repeat in muscle compared to lymphocytes from patients with myotonic dystrophy. *Human Molecular Genetics* 2:1397-1400.
6. Mathieu J, Allard P, Potvin L, Prevost C, Begin P (1999) A 10-year study of mortality in a cohort of patients with myotonic dystrophy. *Neurology* 52:1658-62
7. Redman JB, Fenwick RG Jr, Fu YH, Pizzuti A, Caskey CT (1993) Relationship between parental trinucleotide GCT repeat length and severity of myotonic dystrophy in offspring. *JAMA* 269:1960-5

## Procedure

### PCR Premix Preparation

Thaw individual components. *Promptly store at -20°C after use.* Prepare **fresh** before use enough PCR premix for the number of reactions to be performed. Prepare 10% more for pipetting allowance. Prepare premix following the volumes given below. Follow the same ratio for preparing other final volumes.

### Material Supplied

| Friedreich's Ataxia Genemer Kit Components 100 X 25 µL Reactions |  |        |
|--|--|--------|
| Catalog No.  | Description  | Size   |
| 40-2026-11A  | DM Genemer™ Component A DM-F1/R1                   | 1.5 mL |
| 40-3053-60   | PCR Component M                                    | 600 µL |
| 40-3021-30   | PCR Component N                                    | 300 µL |
| 40-2026-03S  | GLDM Genemer™ ~93 CTG Repeats Control DNA. ~2ng/µL | 100 µL |

### Myotonic Dystrophy Genemer™ Control DNA

|             |  |        |
|-------------|--|--------|
| 40-2026-03S | GLDM Genemer™ ~93 CTG Repeats Control DNA. ~2ng/µL | 100 µL |
|-------------|--|--------|

Myotonic Dystrophy Genemer™ control DNA containing ~93 CTG repeats [40-2026-03] is included in this kit. Use 1 to 2 µL of this DNA as control amplification. A fragment will be amplified with ~93 CTG repeats.

### PCR Thermal Cycler Files

Prepare the following PCR thermal cycler files

| Hot Start File |                      |
|----------------|----------------------|
| Step           | Time and Temperature |
| Denaturation   | 5 minutes at 94°C    |
| Hold           | 60°C                 |

| DM CTG Repeat Amplification File |                          |                   |
|----------------------------------|--------------------------|-------------------|
| Step                             | Time and Temperature     | Cycles            |
| Denaturation                     | 30 seconds at 94°C       | 30 Cycles         |
| Annealing                        | 30 seconds at 60°C       |                   |
| Extension                        | 3 minute at 72°C         |                   |
| Fill up                          | 7 minutes at 72°C        | 1 Cycle           |
| Hold                             | Hold for infinity at 4°C | Hold for infinity |

**Protocol:**

**PCR Amplification**

**A. PCR premix preparation**

Given below is a protocol for preparing a PCR premix for 20 µL reactions. This can be scaled up as required.

| PCR Premix Preparation  |                |                  |           |
|-------------------------|----------------|------------------|-----------|
| Component               | 1 x 20 µL rxn. | 10 x 20 µL rxns. | Worksheet |
| DM Genemer™ Component A | 14.0 µL        | 140 µL           |           |
| PCR Component M         | 3.0 µL         | 30 µL            |           |
| PCR Component N         | 2.0 µL         | 20 µL            |           |
| <b>Total</b>            | <b>19 µL</b>   | <b>190 µL</b>    |           |

**B. Enzyme premix preparation**

| Enzyme Mix Preparation |                |                  |           |
|------------------------|----------------|------------------|-----------|
| Component              | 1 x 20 µL rxn. | 10 x 20 µL rxns. | Worksheet |
| PCR premix (above)     | 3.0 µL         | 30 µL            |           |
| Taq. Polymerase        | 0.5 µL         | 5 µL             |           |
| <b>Total</b>           | <b>3.5 µL</b>  | <b>35 µL</b>     |           |

**C. PCR reaction (20 µL)**

'Hot Start' PCR

For each sample add the following

| Hot Start PCR                            |              |
|--|--------------|
| Component                                | Quantity     |
| PCR premix (above)                       | 16 µL        |
| DNA Template<br>(~100ng chromosomal DNA) | 1 µL         |
| <b>Total</b>                             | <b>17 µL</b> |

**Start "Hot Start" file.**

After initial denaturation while thermal cycler is 'holding' at 60°C

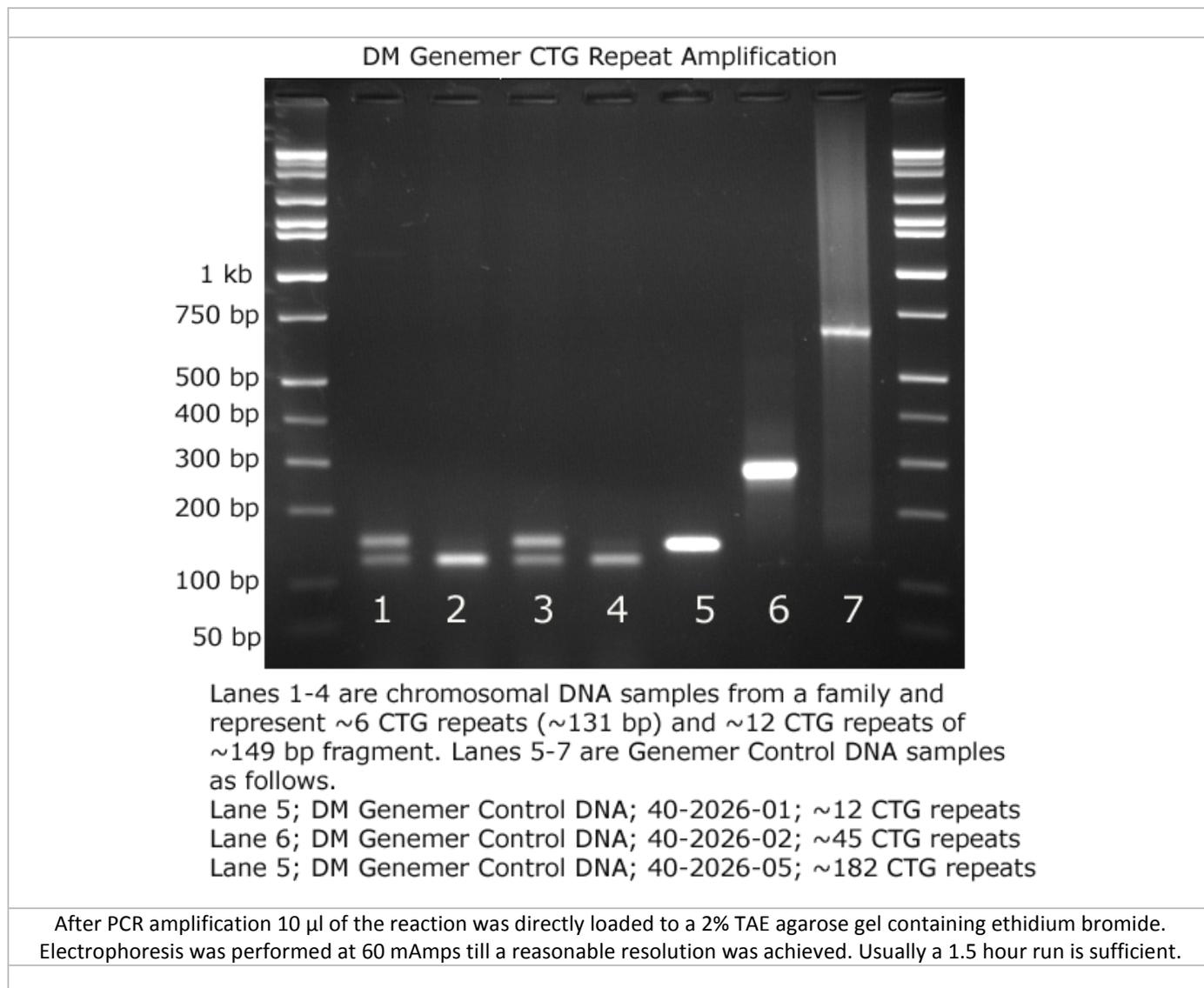
**Add 3 µL of Enzyme premix to each tube and start DM amplification PCR file.**

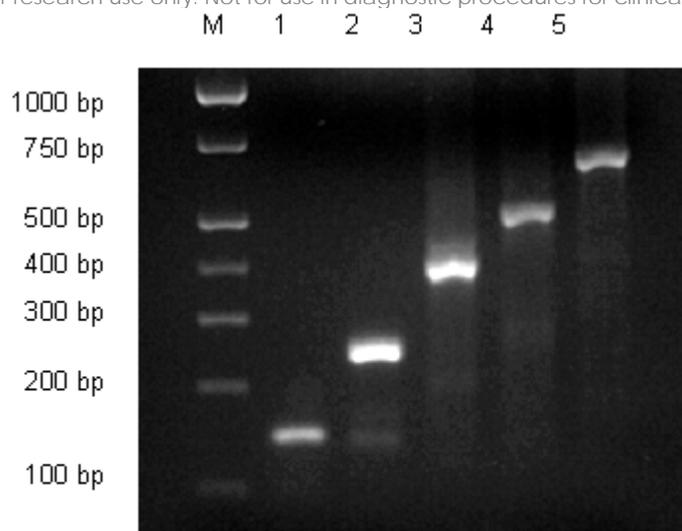
**D. Gel Electrophoresis**

1. Prepare a 2 % agarose gel with ethidium bromide. Follow appropriate safety procedures.
2. Load 10µl or more if required of the amplified product.
3. Follow established laboratory protocol for agarose electrophoresis.

## Results and Interpretation

The results obtained from agarose gel electrophoretic pattern will approximately show the fragment size amplified, based on these results an interpretation can be made about the genotype of the sample. It is known that there is an overlap between the normal and DM allele sizes. The repeat sizes obtained falling in the overlap region should be preferably repeated and possibly run with more samples from other family members. Refer to the table 2 for determining the CTG repeats and fragment size expected. The formula for determining PCR fragment size is  $113 + 3n$ , where  $n$  = the number of CTG repeats.





Lane M is molecular weight markers. Lanes 1 -5 represents PCR products from DM genomic clones that contain 12, 45, 93, 129 and 182 CTG repeats respectively.

### Trouble Shooting

1. No amplified fragment. The most common reason for not observing an amplification of a specific fragment from chromosomal DNA is the quality of DNA. Try using multiple DNA samples of known quality that have yielded good amplification of chromosomal DNA fragments.
2. Faint and low level of amplification. Try scaling up the reaction volume to 50 or 100  $\mu$ l followed by ethanol precipitation of the PCR product. Load the total volume. The kit has been tested and works with the protocol in this manual. It should not be necessary to increase the reaction volume on a routine basis.

## Appendix: Protocols

### Genomic DNA Purification

Genomic DNA is usually extracted from blood. A simple procedure is given below that purifies ~10 µg DNA from 300 µl blood using a 30 minute procedure.

Omni-Pure™ Genomic DNA Purification System      Catalog Number: 40-4010-01  
Rapid DNA Purification Protocol for 300 µl Whole Blood

#### A. Initial Preparation

1. Label two sets of 1.5 ml tubes per sample.
2. Add 900 µl GD-1 solution (RBC Lysis Solution) to one tube for each sample.
3. Add 300 µl Isopropanol (2-propanol) to one tube for each sample. Cap the tubes.

#### B. Cell Lysis

1. To the tube containing 900 µl GD-1 solution (RBC Lysis Solution) using a filter tip pipet transfer 300 µl whole blood. Cap and gently mix by inversion. Incubate for 1-3 minutes at room temperature. Mix by inversion a few times during this incubation period. Incubate longer for fresh blood cells as they are intact and not lysed already.
2. Centrifuge at 3 K rpm for 20 seconds to pellet the white blood cells. A reddish white pellet should be clearly visible. Decant and discard supernatant leaving behind the last few droplets. Do not totally remove the supernatant.
3. Completely resuspend the white blood cell pellet by vigorously vortexing the tube. Ensure that the pellet is completely resuspended.
4. To the resuspended cells add 300 µl GD-2 solution (Cell Lysis Solution). Mix by gentle vortexing. You will notice release of DNA by the thickening of the liquid in the sample. Samples may be stored at this stage for processing later. It has been shown that the samples are stable in Cell Lysis Solution for at least 2 years at room temperature.

#### C. Protein Precipitation

1. Add 100 µl GD-3 solution (Protein Precipitation Solution) to the sample in cell lysis solution.
2. Vortex vigorously for 20 seconds. Small particles of brown color will appear and be visible at this stage.
3. Centrifuge at 5 K rpm for 1 minute to pellet the precipitated proteins. A clearly visible brown pellet containing proteins should be collected at the bottom of the tube.

#### D. DNA Precipitation

1. Decant the supernatant containing the DNA to a new appropriately labeled tube (see initial preparation above) containing 300 µl 100% Isopropanol (2-propanol).
2. Mix the sample by inversion until a visible white floating DNA strand-particle is identified. Mixing by inversion 30-40 is usually sufficient.
3. Centrifuge at 6 K rpm for 1 minute to collect the DNA as a pellet. A white DNA pellet should be clearly visible.
4. Decant supernatant and place tube inverted on a clean Kimwipe™ tissue paper to drain the remaining supernatant.
5. To remove residual salts, add 300 µl of 70% ethanol. Vortex gently.
6. Centrifuge at 6 K rpm for 1 minute to collect the DNA as a pellet. Gently take out the tubes so that the pellet is not dislodged. While holding the tube, rotate tube so that you can watch the pellet. Now carefully decant the ethanol, keeping an eye on the pellet so that it does not flow away.
7. Place tube inverted on a clean Kimwipe™ tissue paper to drain the remaining ethanol.
8. Air dry the DNA pellet. Do not use vacuum.

#### E. DNA Reconstitution & Use

1. Add 100 µl of GD-4 solution (DNA Reconstitution Solution). Vortex gently. Incubate at 60°C for 5 minutes to facilitate dissolution or keep overnight at room temperature.
2. Store DNA at 4 °C. For long-term storage, place sample at -20 °C or -80 °C.
3. Average yield of 10 µg is expected from 300 µl blood DNA. The range is between 5 µg to 15 µg.
4. The 100 µl of purified DNA obtained will have an average concentration of ~ 100 ng/µl.
5. For PCR amplification use 1-2 µl.
6. Use 100 µl for restriction digestion followed by Southern blot analysis.
7. It is convenient to perform multiple 300 µl blood DNA purification instead of scaling up the procedure.

## Myotonic Dystrophy Product Ordering Information

| Product  | Unit Size            | Catalog No.  |
|--|----------------------|--------------|
| <b>Myotonic Dystrophy Genemer™ Primer pair</b><br>Primers for amplification of CTG triple repeat spanning region.<br>The quantity supplied is sufficient for 400 regular 50 µL PCR reactions.  | 10 nmols             | 40-2026-10   |
| <b>Myotonic Dystrophy GeneProber™ GLDM1 Probe unlabeled</b><br>Myotonic dystrophy CTG triple repeat spanning region unlabeled probe for radioactive labeling and Southern blot detection of Bam HI digested DNA.                     | 500 ng               | 40-2026-40   |
| <b>Myotonic Dystrophy GeneProber™ GLDM2 Probe unlabeled</b><br>Myotonic dystrophy CTG triple repeat spanning region unlabeled probe for radioactive labeling and Southern blot detection of Pst I digested DNA.                      | 500 ng               | 40-2026-39   |
| <b>Myotonic Dystrophy GeneProber™ GLDMDig1 Probe Digoxigenin labeled</b><br>Myotonic Dystrophy CTG triple repeat spanning region digoxigenin labeled probe for non-radioactive Southern blot detection.                              | 110 µL               | 40-2026-41   |
| <b>Myotonic Dystrophy PCRProber™ AP labeled probe</b><br>Alkaline phosphatase labeled probe  | 12 µL                | 40-2026-31   |
| <b>Myotonic Dystrophy PCRProber™ Kit for chemiluminescent detection</b><br>Kit for performing PCR amplification and chemiluminescent based detection.  | 5 blots<br>[50 rxns] | 40-2026-32   |
| <b>GLDM Genemer™ Kit for Radioactive Detection</b><br>Kit for amplification and radioactive detection of Myotonic Dystrophy CTG triple repeat region amplified PCR products using <sup>35</sup> S or <sup>32</sup> P. 100 Reactions. | 1 Kit<br>[100 rxns]  | 40-2026-20   |
| <b>GLDM GScan Kit for fluorescent detection</b><br>Kit for performing fluorescent PCR amplification based detection. Various dye kits.<br>XX=FM for 6-Fam; HX for Hex; TT for Tet; C3 for Cy3 and C5 for Cy5.                        | 1 Kit<br>[100 rxns]  | 40-2026-15XX |

**Genemer™ GScan Control DNA** Cloned fragment of the mutation region of a particular gene. These control DNA's are ideal genotyping templates for optimizing and performing control amplification with unknown DNA. The size of the triple repeats has been determined by sequencing and gel electrophoresis. The stability of size repeats upon cloning and amplification has NOT been determined. Thus, the size should be considered approximate and there is no claim for each fragment to contain the exact number of triple repeats. These control DNA's are sold with the express condition that these NOT be used for exact triple repeat size determination of DNA of unknown genotype. The control DNA should be used for determining the performance of specific Genemer™ and PCRProber™ Gene Link products.

|   |        |            |
|---|--------|------------|
| GLDM 12 ~CTG repeat Genemer™ Control DNA  | 500 ng | 40-2026-01 |
| GLDM 45 ~CTG repeat Genemer™ Control DNA  | 500 ng | 40-2026-02 |
| GLDM 93 ~CTG repeat Genemer™ Control DNA  | 500 ng | 40-2026-03 |
| GLDM 129 ~CTG repeat Genemer™ Control DNA | 500 ng | 40-2026-04 |
| GLDM 194 ~CTG repeat Genemer™ Control DNA | 500 ng | 40-2026-05 |

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## GeneProber™ Product Ordering Information

The GeneProber™ product line is based on the chemiluminescent Southern blot detection method. Gene Link's non-radioactive detection systems for genotyping of triple repeat disorders are rapid, reliable and as sensitive as the <sup>32</sup>P labeled southern blots. No more decayed probes and radioactive exposure. Kits are available for reliable genotyping of the fragile X, myotonic dystrophy and other triple repeat mutation group disorders.

**Unlabeled GeneProber™ probes are also available for radio labeling and radioactive based detection.** Gene Link strongly recommends the use of non-radioactive gene detection systems. Consider switching to Gene Link's product line of non-radioactive detection systems

| Product   | Unit Size | Catalog No. |
|---|-----------|-------------|
| Fragile X GeneProber™ GLFX1 Probe unlabeled                           | 500 ng    | 40-2004-40  |
| Fragile X GeneProber™ GLFXDig1 Probe Digoxigenin labeled              | 110 µL    | 40-2004-41  |
| FRAXE/FMR2/AFF2 GeneProber™ AFF2-AJ31Dig1                             | 110 µL    | 40-2054-41  |
| Huntington's Disease GeneProber™ GLHD14 Probe unlabeled               | 500 ng    | 40-2025-40  |
| Huntington's Disease GeneProber™ GLHDDig2X Probe Digoxigenin labeled  | 110 µL    | 40-2025-41  |
| Myotonic Dystrophy GeneProber™ GLDM1 Probe unlabeled                  | 500 ng    | 40-2026-40  |
| Myotonic Dystrophy GeneProber™ GLDMDig2 Probe Digoxigenin labeled     | 110 µL    | 40-2026-41  |
| Friedreich's Ataxia GeneProber™ GLFRDA21 Probe unlabeled              | 500 ng    | 40-2027-40  |
| Friedreich's Ataxia GeneProber™ GLFRDADig21 Probe Digoxigenin labeled | 110 µL    | 40-2027-41  |

## GScan™ Products Product Ordering Information

Gene Link's GScan™ gene detection products are safe, convenient and sensitive, and afford automated compilation of data. The kits contain optimized PCR amplification reagents and a wide array of fluorescent-labeled primers for genotyping after PCR using fluorescent genetic analyzer instrument(s). Included in these kits are ready-to-run control samples of various repeats of the triple repeat disorder kit. These control samples are for calibration with the molecular weight markers for accurate size determination of the amplified fragments.

The GScan™ kits are simple and robust for routine triple-repeat detection of greater than 100 repeats of all triple repeat disorders listed, except Fragile X. The CGG repeat in Fragile X can be detected up to ~50 repeats.

| Product  | Unit Size | Catalog No.   |
|--|-----------|---------------|
| Fragile X GScan™ Kit for fluorescent detection; 100 reactions kit            | 1 kit     | 40-2004-15XX  |
| Fragile X GScan™ Kit for fluorescent detection; 20 reactions kit             | 1 kit     | 40-2004-15FMS |
| Huntington's Disease GScan™ Kit for fluorescent detection; 100 reactions kit | 1 kit     | 40-2025-15XX  |
| Huntington's Disease GScan™ Kit for fluorescent detection; 20 reactions kit  | 1 kit     | 40-2025-15FMS |
| Myotonic Dystrophy GScan™ Kit for fluorescent detection; 100 reactions kit   | 1 kit     | 40-2026-15XX  |
| Myotonic Dystrophy GScan™ Kit for fluorescent detection; 20 reactions kit    | 1 kit     | 40-2026-15FMS |
| Friedreich's Ataxia GScan™ Kit for fluorescent detection; 100 reactions kit  | 1 kit     | 40-2027-15XX  |
| Friedreich's Ataxia GScan™ Kit for fluorescent detection; 20 reactions kit   | 1 kit     | 40-2027-15FMS |

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## Myotonic Dystrophy Genemer™ Kit [40-2026-11] CTG triple repeat amplification kit for gel detection

For research use only. Not for use in diagnostic procedures for clinical purposes.

### Southern Blot Buffers & Reagents

| Product  | Catalog No. | Unit Size   |
|--|-------------|-------------|
| Agarose Tablets, 0.5 gm each; 100 tablets                                | 40-3011-10  | 100 tablets |
| Agarose LE Molecular Biology Grade; 100 g                                | 40-3010-10  | 100 g       |
| Agarose LE Molecular Biology Grade; 500 g                                | 40-3010-50  | 500 g       |
| Hybwash A, Hybridization Wash Solution (20X SSC); 200 mL                 | 40-5020-20  | 200 mL      |
| Hybwash B, Hybridization Wash Solution (10% SDS); 100 mL                 | 40-5021-10  | 100 mL      |
| TAE Buffer; 50 X Concentrate; 100 mL                                     | 40-3007-01  | 100 mL      |
| TAE Buffer; 50 X Concentrate; 1 L  | 40-3007-10  | 1 L         |
| TBE Buffer; 5 X Concentrate; 1 L   | 40-3008-10  | 1 L         |
| Buffer M 10X (Maleic Acid buffer); 100 mL                                | 40-5025-10  | 100 mL      |
| 10% Blocking solution; 100 mL  | 40-5026-10  | 100 mL      |
| Loading Buffer 2X BPB/XC Denaturing for Sequencing; 1 mL                 | 40-5027-10  | 1 mL        |
| 10x AP Detection buffer (alkaline phosphatase detection buffer); 100 mL  | 40-5031-10  | 100 mL      |
| Lumisol™ I Hybridization Solution; contains formamide; 200 mL            | 40-5022-20  | 200 mL      |
| Lumisol™ II Hybridization Solution; for non-toxic hybridizations; 200 mL | 40-5023-20  | 200 mL      |
| Lumisol™ III Hybridization Solution; for oligo probes; 200 mL            | 40-5024-20  | 200 mL      |
| CDP-Star® Substrate; Ready-to-Use 0.25 mM in spray bottle; 10 mL         | 40-5010-10  | 10 mL       |

### Loading Buffers

| Product   | Catalog No. | Size  |
|---|-------------|-------|
| Gel Loading Buffer 5X BPB/XC non-denaturing; 1 mL                                 | 40-3002-10  | 1 mL  |
| Gel Loading Buffer 5X BPB/XC non-denaturing; 15 mL                                | 40-3002-15  | 15 mL |
| Gel Loading Buffer 10X BPB/XC non-denaturing; 1 mL                                | 40-3003-10  | 1 mL  |
| Gel Loading Buffer 10X BPB/XC non-denaturing; 15 mL                               | 40-3003-15  | 15 mL |
| Gel Loading Buffer 5X Orange G/XC non-denaturing; 1 mL                            | 40-3004-10  | 1 mL  |
| Gel Loading Buffer 5X Orange G/XC non-denaturing; 15 mL                           | 40-3004-15  | 15 mL |
| Gel Loading Buffer 2X BPB/XC Denaturing for Sequencing; 1 mL                      | 40-5027-10  | 1 mL  |
| Gel Loading Buffer 2X BPB/XC Denaturing for Sequencing; 15 mL                     | 40-5027-15  | 15 mL |
| DNA SDS Gel Loading Buffer 5X BPB/XC DNA binding protein denaturing buffer ; 1 mL | 40-5028-10  | 1 mL  |
| DNA SDS Gel Loading Buffer 5X BPB/XC DNA binding protein denaturing buffer; 15 mL | 40-5028-15  | 15 mL |
| RNA Gel Loading Buffer 2X BPB/XC with ethidium bromide; 1 mL                      | 40-5029-10  | 1 mL  |
| RNA Gel Loading Buffer 2X BPB/XC with ethidium bromide; 15 mL                     | 40-5029-15  | 15 mL |
| RNA Gel Loading Buffer 2X BPB/XC without ethidium bromide ; 1 mL                  | 40-5030-10  | 1 mL  |
| RNA Gel Loading Buffer 2X BPB/XC without ethidium bromide; 15 mL                  | 40-5030-15  | 15 mL |

### Omni-Marker™

| Product  | Catalog No. | Size*  |
|--|-------------|--------|
| Omni-Marker™ Universal unlabeled; 1 mL                     | 40-3005-10  | 1 mL   |
| Omni-Marker™ Low unlabeled; 1 mL                           | 40-3006-10  | 1 mL   |
| Omni-Marker™ GScan™-2 Tamra labeled 50 bp - 600 bp; 500 µL | 40-3062-05  | 500 µL |

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Related Products Ordering Information

**Omni-Pure™ DNA & RNA Purification Systems**

| Product                                      | Catalog No. | Unit Size*(Purifications) |
|--|-------------|---------------------------|
| Omni-Pure™ Blood DNA Purification System     | 40-4010-01  | 100                       |
| Omni-Pure™ Blood DNA Purification System     | 40-4010-05  | 500                       |
| Omni-Pure™ Blood DNA Purification System     | 40-4010-10  | 1000                      |
| Omni-Pure™ Tissue DNA Purification System    | 40-4050-01  | 100                       |
| Omni-Pure™ Tissue DNA Purification System    | 40-4050-05  | 500                       |
| Omni-Pure™ Tissue DNA Purification System    | 40-4050-10  | 1000                      |
| Omni-Pure™ Plant DNA Purification System     | 40-4060-01  | 100                       |
| Omni-Pure™ Plant DNA Purification System     | 40-4060-05  | 500                       |
| Omni-Pure™ Plant DNA Purification System     | 40-4060-10  | 1000                      |
| Omni-Pure™ Viral DNA Purification System     | 40-3720-01  | 100                       |
| Omni-Pure™ Viral DNA Purification System     | 40-3720-05  | 500                       |
| Omni-Pure™ Microbial DNA Purification System | 40-3700-01  | 100                       |
| Omni-Pure™ Microbial DNA Purification System | 40-3700-05  | 500                       |
| Omni-Pure™ Viral RNA Purification System     | 40-3650-01  | 100                       |
| Omni-Pure™ Viral RNA Purification System     | 40-3650-05  | 500                       |

\*Sample volume for each purification system varies. Each purification yields sufficient quantity for desired applications.

**Omni-Clean™ Gel DNA Purification and Concentration Systems**

| Product   | Catalog No. | Unit Size*(Purifications) |
|---|-------------|---------------------------|
| Omni-Clean™ Gel DNA Beads Purification System       | 40-4110-10  | 100                       |
| Omni-Clean™ Gel DNA Beads Purification System       | 40-4110-50  | 500                       |
| Omni-Clean™ Gel DNA Spin Column Purification System | 40-4120-10  | 100                       |
| Omni-Clean™ Gel DNA Spin Column Purification System | 40-4120-50  | 500                       |
| Omni-Clean™ DNA Beads Concentration System          | 40-4130-10  | 100                       |
| Omni-Clean™ DNA Beads Concentration System          | 40-4130-50  | 500                       |
| Omni-Clean™ DNA Spin Column Concentration System    | 40-4140-10  | 100                       |
| Omni-Clean™ DNA Spin Column Concentration System    | 40-4140-50  | 500                       |

\*Sample volume for each purification system varies. Each purification yields sufficient quantity for desired applications.

**Omni-Pure™ Plasmid DNA Purification Systems**

| Product                                    | Catalog No. | Unit Size*(Purifications) |
|--|-------------|---------------------------|
| Omni-Pure™ Plasmid DNA Purification System | 40-4020-01  | 100                       |
| Omni-Pure™ Plasmid DNA Purification System | 40-4020-05  | 500                       |

\*Sample volume for each purification system varies. Each purification yields sufficient quantity for desired applications.

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